Michigan Annual Conference Buffet Menus



Wednesday Menu		Conta	Appropriate For						
	Dairy	Egg	Tree Nuts	Peanuts	Shellfish	Fish	Wheat/ Gluten	Vegetarian	Vegan
Wednesday Burger Bar:		•							
Charbroiled Black Angus Burgers									
Seared Turkey Burgers									
Leaf Lettuce, Slice Tomato, Red Onions, Mayonaise,								Х	Х
Yellow Mustard, Ketchup, Sweet Relish									
Sliced Cheese: American, Swiss or Provolone	Х							X	
Roasted Vegetable Pasta Salad		Х					Х	X	
House Made Creamy Coleslaw	Х								
Selection of Cookies and Brownies							Х	х	
Gluten Free Cookies		Х						X	
Gluten Free Burger bun		х						x	

Fresh Scrambled Eggs with sides of Cheddar, Salsa, Diced Harm & Bacon Crumbles Fresh Fort Corumbles Fresh Fort Comment with Warm Syrup Apple Wood Smoked Bacon Fresh Fruit Compote 100% Orange Juice Specialty Thursday Breakfast: Gluten Free Oatneal Apple Wood Smoked Bacon Freib Freib Compote Specialty Thursday Breakfast: Gluten Free Oatneal Apple Wood Smoked Bacon Freib Fruit Compote Specialty Thursday Breakfast: Gluten Free Oatneal Apple Wood Smoked Bacon Fruit Platters Gluten Free Pastries Thursday Lunch: Chicken and Rice (GF) Vegetable Barley (Vegan) Slow Roasted Honey Harm with Swiss Cheese on Marble Rye Fresh Trurkey Breast with Cheddar Cheese and Multi Grain All Sandwiches come with Leaf Lettuce, Sliced Tomato and Red Onion On the Side: Mayonnaise, Miracle Whip, and Mustard Blondie and Traditional Brownies X Specialty Thursday Lunch: Chicken Apple Writen Sharing S	Thursday Menu		Conta	Appropriate For						
Diced Ham & Bacon Crumbles	Thursday Breakfast:	Dairy	Egg	Tree Nuts	Peanuts	Shellfish	Fish		Vegetarian	Vegan
Oatmeal with Brown Sugar and Cream	Fresh Scrambled Eggs with sides of Cheddar, Salsa, Diced Ham & Bacon Crumbles	x	х							
Apple Wood Smoked Bacon Fresh Fruit Compote 100% Orange Juice 8	French Toast with Warm Syrup	Х	Х					Х	x	
Freish Fruit Compote	Oatmeal with Brown Sugar and Cream	Х							x	
Specialty Thursday Breakfast: Gluten Free Oatmeal Apple Wood Smoked Bacon Fruit Platters Gluten Free Pastries Thursday Lunch: Chicken and Rice (GF) Vegetable Barley (Vegan) Slow Roasted Honey Ham with Swiss Cheese on Marble Rye Fresh Turkey Breast with Cheddar Cheese and Multi Grain All Sandwiches come with Leaf Lettuce, Sliced Tomato and Red Onion On the Side: Mayonnaise, Miracle Whip, and Mustard Blondie and Traditional Brownies **X **X **X **X **X **X **X *	Apple Wood Smoked Bacon									
Specialty Thursday Breakfast: Gluten Free Oatmeal Apple Wood Smoked Bacon Fruit Platters Gluten Free Pastries X X X X X X X X X X X X X X X X X X X	Fresh Fruit Compote								x	х
Gluten Free Oatmeal Apple Wood Smoked Bacon Freit Platters Gluten Free Pastries X Thursday Lunch: Chicken and Rice (GF) Vegetable Barley (Vegan) Slow Roasted Honey Ham with Swiss Cheese on Marble Rye Fresh Turkey Breast with Cheddar Cheese and Multi Grain All Sandwiches come with Leaf Lettuce, Sliced Tomato and Red Onion On the Side: Mayonnaise, Miracle Whip, and Mustard Blondie and Traditional Brownies X X X X X X X X X X X X	100% Orange Juice								x	Х
Apple Wood Smoked Bacon Fruit Platters Gluten Free Pastries X X X X X X X X X X X X X	Specialty Thursday Breakfast:									
Fruit Platters Gluten Free Pastries X Thursday Lunch: Chicken and Rice (GF) Vegetable Barley (Vegan) Slow Roasted Honey Ham with Swiss Cheese on Marble Rye Fresh Turkey Breast with Cheddar Cheese and Multi Grain All Sandwiches come with Leaf Lettuce, Sliced Tomato and Red Onion On the Side: Mayonnaise, Miracle Whip, and Mustard Blondie and Traditional Brownies	Gluten Free Oatmeal								Х	Х
Gluten Free Pastries	Apple Wood Smoked Bacon									
Thursday Lunch: Chicken and Rice (GF) X Vegetable Barley (Vegan) Slow Roasted Honey Ham with Swiss Cheese on Marble Rye Fresh Turkey Breast with Cheddar Cheese and Multi Grain All Sandwiches come with Leaf Lettuce, Sliced Tomato and Red Onion On the Side: Mayonnaise, Miracle Whip, and Mustard Blondie and Traditional Brownies X X X X X X X X X X X X X X X X X X	Fruit Platters								x	Х
Chicken and Rice (GF)	Gluten Free Pastries		Х							
Vegetable Barley (Vegan) Slow Roasted Honey Ham with Swiss Cheese on Marble Rye Fresh Turkey Breast with Cheddar Cheese and Multi Grain All Sandwiches come with Leaf Lettuce, Sliced Tomato and Red Onion On the Side: Mayonnaise, Miracle Whip, and Mustard Blondie and Traditional Brownies X X X X X X X X X X X X X	Thursday Lunch:	v	ı							
Slow Roasted Honey Ham with Swiss Cheese on Marble Rye Fresh Turkey Breast with Cheddar Cheese and Multi Grain All Sandwiches come with Leaf Lettuce, Sliced Tomato and Red Onion On the Side: Mayonnaise, Miracle Whip, and Mustard Blondie and Traditional Brownies X X X X X X X X X X X X X		^						V	V	V
Marble Rye Fresh Turkey Breast with Cheddar Cheese and Multi Grain All Sandwiches come with Leaf Lettuce, Sliced Tomato and Red Onion On the Side: Mayonnaise, Miracle Whip, and Mustard Blondie and Traditional Brownies								Χ	X	Х
Fresh Turkey Breast with Cheddar Cheese and Multi Grain All Sandwiches come with Leaf Lettuce, Sliced Tomato and Red Onion On the Side: Mayonnaise, Miracle Whip, and Mustard Blondie and Traditional Brownies X X X X X X X X X X X X X	· ·	х						х		
Tomato and Red Onion On the Side: Mayonnaise, Miracle Whip, and Mustard Blondie and Traditional Brownies X X X X X X X X X X X X X	Fresh Turkey Breast with Cheddar Cheese and Multi Grain	Х						х		
Mustard Blondie and Traditional Brownies X X X X X X X X X X X X X X X X X X	All Sandwiches come with Leaf Lettuce, Sliced Tomato and Red Onion								х	х
Specialty Thursday Lunch: Quinoa, Squash and Rutabaga Soup Dairy Free/Gluten Free Wrap with Cucumber, Avocado, Red Pepper, Field Greens, Portabello Dairy Free/Gluten Free Wrap with Turkey Breast X X	On the Side: Mayonnaise, Miracle Whip, and Mustard		х							
Quinoa, Squash and Rutabaga Soup Dairy Free/Gluten Free Wrap with Cucumber, Avocado, Red Pepper, Field Greens, Portabello Dairy Free/Gluten Free Wrap with Turkey Breast x x x x x x x x x x x x x	Blondie and Traditional Brownies	х	х	х				х	x	
Dairy Free/Gluten Free Wrap with Cucumber, Avocado, Red Pepper, Field Greens, Portabello Dairy Free/Gluten Free Wrap with Turkey Breast x	Specialty Thursday Lunch:									
Avocado, Red Pepper, Field Greens, Portabello Dairy Free/Gluten Free Wrap with Turkey Breast x	Quinoa, Squash and Rutabaga Soup								x	х
Dairy Free/Gluten Free Wrap with Turkey Breast x		х							х	
								Х		
	Chocolate Layer Cake								Х	

Thursday Dinner:

Fresh Field Green Mix with your choice of toppings: Julienne Carrots, Beefsteak Tomato Wedges, Sliced Cucumbers, Sliced Mushrooms, Herb Croutons, Shredded Cheddar Cheese, Dried Cherries, Sunflower Seeds, with Traverse City Tart Cherry Vinaigrette and Creamy Buttermilk Ranch Dressing					х	х	
Dinner Rolls	Х	Х			Х	х	
Pulled Pork for Sandwiches with Cole Slaw	Х				Х		
Bone In BBQ Chicken							
Cowboy Baked Beans							
Steamed Broccoli with Julienne Organic Carrots						Х	Х
Cherry or Blueberry Pie Topped with Streusel and Whipped Cream on the side	х	х			х	x	
Specialty Thursday Dinner:							
Salad with no croutons or cheese. Oil & Vinegar						Х	
Gluten Free Rolls						х	
Pulled Pork with Gluten Free Buns and GF sauce							
BBQ Jackfruit						х	Х
Dairy Free/Gluten Free Brocolli and Carrots						х	
Cookies						Х	х

Friday Menu		Conta	Appropriate For						
Friday Breakfast:	Dairy	Egg	Tree Nuts	Peanuts	Shellfish	Fish	Wheat/ Gluten	Vegetarian	Vegan
Breakfast Pastries	Х	Х					Х	Х	
Scrambled Eggs with sides of Sharp Cheddar, and									
Bacon Crumbles	Х	х							
Fried Breakfast Potatoes								х	Х
Peppered Sausage Links									
Fresh Fruit Compote								x	Х
Creamy Quaker Oatmeal with Brown Sugar								x	
100% Orange Juice								Х	Х
Specialty Friday Breakfast:									
Breakfast Sweet Potatoes								Х	Х
Dairy Free/Gluten Free/Nut Free Sausage									
Fresh Fruit Compote								Х	Х
Gluten Free Oatmeal with Brown Sugar								х	Х
Friday Lunch:									
Caesar salad: Fresh Cut Romaine Lettuce, Grated Parmesan Cheese, Herb Croutons, Tomatoes, Sliced	x					x	x	X	
Cucumbers, Traditional Creamy Caesar Dressing and Herb Italian Vinaigrette	^					^	^	^	
Cheesy Beef Lasagna with Marinara	Х	Х					Х		
Roasted Vegetable Lasagna	Х	Х					Х	х	
Warm Garlic Bread Sticks	Х						Х	х	
Steamed Vegetable Medley								х	Х
Cannoli	Х	х					Х		
Specialty Friday Lunch:									
Caesar Salad: Fresh Cut Romaine Lettuce, Tomatoes,									
Sliced Cucumbers, Olive Oil & Vinegar								Х	Х
Gluten Free/Vegan Pasta with Marinara								х	Х
Gluten Free Rolls								Х	
Steamed Vegetable Medley Plain								х	Х
Brownies									

Saturday Menu		Conta	Appropriate For						
Saturday Breakfast:	Dairy	Egg	Tree Nuts	Peanuts	Shellfish	Fish	Wheat/ Gluten	Vegetarian	Vegan
Assorted Bagels with Cream Cheese	Х						Х		
Scrambled Eggs with Sides of Sharp Cheddar, Salsa, Diced Ham, and Bacon Crumbles	х	х					х		
Peppered Sausage Links									
Fresh Fruit Compote								x	Х
Creamy Quaker Oatmeal with Brown Sugar								x	Х
100% Orange Juice								х	Х
Specialty Saturday Breakfast:									
Gluten Free Bakery Item								X	
Peppered Sausage Links									
Fresh Fruit Compote								Х	Х
Gluten Free Oatmeal with Brown Sugar								Х	Х
<u>Saturday Lunch:</u>									
Fresh Cut Romaine, Roasted Corn and Black Beans Salsa, Tomato Wedges, Julienne Peppers, Red	x							X	
Onions, Orange Segments, Kalamata Olives, Feta Cheese Crumbles	^							^	
Dressings: Creamy Buttermilk Ranch, White Balsamic, Fresh Cilantro Vinaigrette	х						х	х	
Charbroiled Flank Steak Fajita									
Southwest Baked Chicken Breast				_					
Southwest Seasoned Rice Pilaf								Х	Х
Steamed Riviera Vegetable Medley								Х	Х
Polovorones (powdered sugar tossed almond cookies) or Traditional Flan	х	х	Х				Х	X	
cookies) of Haurdonal Hair	^	^	^				^	۸	

Specialty Saturday Lunch:

Specialty Saturday Lunch.								
Fresh Cut Romaine, Roasted Corn and Black Bean								
Salsa, Tomato Wedges, Julienne Peppers, Red							x	Х
Onions, Orange Segments and Olives								
Dressing: Oil & Vinegar							х	Х
Chicken/Tofu Fajitas with Corn Shells and Black Bean								
and Corn Salsa							x	Х
Steamed Riveria Vegetables							х	Х
Strawberry Cupcakes							Х	
Saturday Dinner:								
Fresh Cut Lettuce mix with: Julienne Vegetables,								
Tomato Wedges, Cucumbers, Mushrooms, Herb								
Croutons, Shredded Swiss Cheese, Dried Apples, with	Х					Х	x	
Apple Honey Vinaigrette and Buttermilk Ranch								
Dressing								
Dinner Rolls						Х	х	
Herb Marinade Slow Roasted Pork Loin Sliced with								
Charred Scallions and Herb Jus								
Grilled Salmon with Lemon Caper Sauce	Х				Х			
Herb Roasted Redskin Potato Bites								
Steamed Green Beans with Toasted Almonds			х				х	Х
Chocolate Layer Cake and Cinnamon Apple Torte	x	х				х	x	
Specialty Saturday Dinner:								
Salad with no croutons or cheese. Oil & Vinegar							Х	х
Dressing							^	^
Dairy Free/Gluten Free Pork Loin with Herb Jus								
Grilled Salmon with no sauce					Х			
Tofu Ratatouille							х	Х
Dairy Free/Gluten Free Green Beans with No								
Almonds							X	Х
Berry Cobbler				 			Х	

Sunday Menu		Conta	Appropriate For						
Sunday Breakfast:	Dairy	Egg	Tree Nuts	Peanuts	Shellfish	Fish	Wheat/ Gluten	Vegetarian	Vegan
Fresh Scrambled Eggs with Sides of Sharp Cheddar, Salsa, Diced Ham and Bacon Crumbles	х	х							
Vanilla French Toast with Warm Syrup	Х	Х					Х	х	
Apple Wood Smoked Bacon									
Fresh Fruit Compote								х	
Creamy Quaker Oatmeal with Brown Sugar								X	Х
100% Orange Juice								x	Х
Specialty Sunday Breakfast:									
Third Coast Pastries								x	
Apple Wood Smoked Bacon									
Fresh Fruit Compote								х	Х
Gluten Free Oatmeal with Brown Sugar								х	Х
Sunday Lunch: Tossed Salad with Cucumbers, Carrots and Tomatoes with Ranch and Cherry Vinaigrette								х	
Hot Water Corn Bread	Х	Х					Х	х	
Southern Fried Chicken	Х						Х		
Bratwurst with Buns and Condiments							Х		
Black Eyed Peas								х	
Watermelon								х	Х
Half Chocolate Dipped Rice Krispie Treats	Х						Х	х	
Specialty Sunday Lunch:									
Tossed Salad with Cucumbers, Shredded Carrots and Tomatoes with Oil & Vinegar								х	х
Dairy Free/Gluten Free Cornbread								х	Х
Grilled Chicken									
Dairy Free/Gluten Free Sausages w/ condiments									
Collard Green Succotash									
Watermelon								х	Х
Chocolate Mousse Trifle								Х	